



## **Brown Sugar Foot Scrub**



### **INGREDIENTS**

1 Cup brown sugar

2/3 cup Olive oil

1 tsp honey

½ tsp lemon juice

### **METHOD**

In plastic bowl, blend all ingredients until smooth

Makes 2 50 mls approx

Store in Mason jar at room temperature.

### **DIRECTIONS FOR USE**

Scoop 1 tbsp of mixture, and scrub directly on feet and heels, rinse well with warm water

